

Subscription Leak Checklist

Find small repeat payments that quietly reduce safe-spend money.

This worksheet helps identify subscriptions, app payments and regular card payments that can be missed when building a household budget.

Purpose

- Spot small recurring costs.
- Check whether each payment is still needed.
- Add every repeat payment into the budget.
- Reduce surprises between paydays.

Where to check

- Bank app regular payments.
- Card subscriptions.
- App store subscriptions.
- Streaming, cloud storage, games and memberships.
- Insurance add-ons or trial offers.

Good to remember

Cancelling is a personal decision. This document simply helps you identify what exists so your budget is clearer.

Checklist

Done	Step	Notes
☐	Check bank app	
☐	Check card payments	
☐	Check app store subscriptions	
☐	Add payments to budget	
☐	Review anything no longer needed	

Worksheet

Complete this page before starting a full budget review or spreadsheet setup.

Subscription/payment name	
Amount	£
Frequency	Weekly / monthly / yearly
Payment date	
Still needed?	Yes / No / Review
Budget category	
Notes	

Paid client budgets are prepared on spreadsheet using the figures supplied and calculated to the penny.